

We **CARE** about bullying

In a recent survey it showed that **28% of young people would not tell someone if they were being bullied.**

If you are being bullied or something is happening that doesn't make you feel safe in school, in the community or in the home and you feel you cannot talk to a friend, a family member or a teacher, for whatever reason then contact ChildLine.



There are many ways to contact ChildLine, by phone, email, through message boards and online chat, so never suffer in silence. It's completely confidential and totally free.

Please click the link for more information

<http://www.childline.org.uk/talk/Pages/Talk.aspx>

Who cares about bullying?

What is bullying?

Bullying is aggressive behaviour that is intended to hurt, intimidate or persecute another individual emotionally or physically and usually repeated over time.

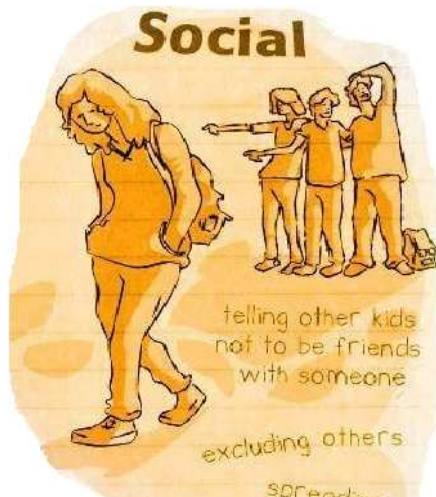
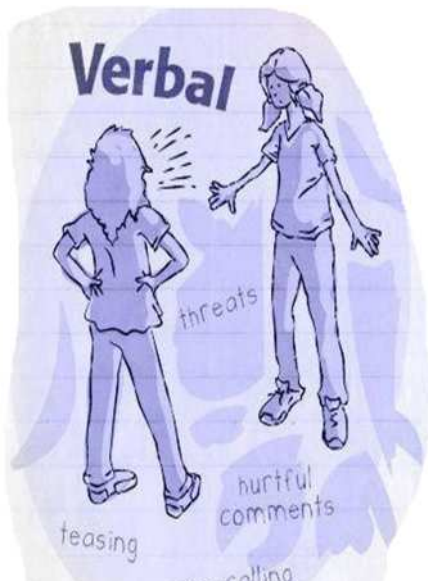


Bullying takes many forms and may be motivated by prejudice against distinct groups because of their:

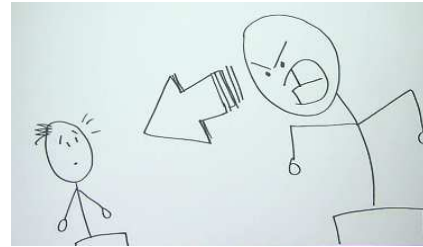
- Gender
- Race
- Disability
- Religion
- Sexual Orientation

Bullying may also be motivated by actual or perceived differences such as ability, appearance, weight or because they are in care.

Types of bullying

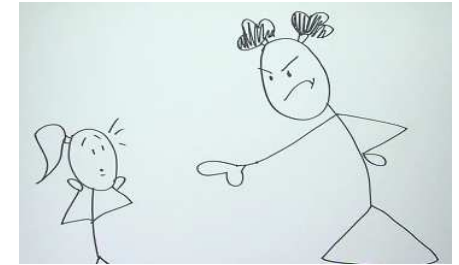


No matter whichever type of bullying is used, it always hurts



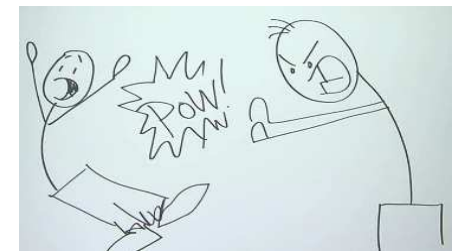
Bullying is always one-sided.

Bullying is always on purpose



Bullying is usually repeated

Bullying is hurtful no matter how it is delivered



You could be bullied by a boy, girl or even a group of young people.